

THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

June 27, 2022

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 84 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates June 10 – 23, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Baca/Prewitt	Dilkon	Lukachukai	Pueblo Pintado	St. Michaels
Beclabito	Forest Lake	Lupton	Ramah	Tachee/Blue Gap
Bird Springs	Fort Defiance	Manuelito	Red Lake	Teec Nos Pos
Black Mesa	Ganado	Many Farms	Red Valley	Teesto
Bread Springs	Houck	Mariano Lake	Rock Point	Thoreau
Chichiltah	Indian Wells	Mexican Springs	Rock Springs	Tohatchi
Chilchinbeto	Iyanbito	Nahodishgish	Rough Rock	Tsaile/Wheatfields
Chinle	Jeddito	Naschitti	Round Rock	Tsayatoh
Churchrock	Kayenta	Nazlini	Sawmill	Tselani/Cottonwood
Coyote Canyon	Klagetoh	Newcomb	Sheepsprings	Twin Lakes
Crownpoint	Lake Valley	Oak Springs	Shiprock	Upper Fruitland
Crystal	Leupp	Pinedale	Shonto	Wide Ruins
Dennehotso	Low Mountain	Pinon		

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness	Might be at Increased Risk for Severe Illness
<ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions• Immunocompromised state• Obesity and severe obesity• Pregnancy• Sick cell disease• Smoking• Type 2 diabetes mellitus	<ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state• Neurologic conditions, such as dementia• Liver disease• Overweight• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.

- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.